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City of St. Louis Department of Health

Asthma Friendly St. Louis Project St. Louis Asthma Resource Guide



1520 Market Street
Suite 4051
PO Box 14702
St. Louis, Missouri 63178
Phone: (314) 657-1423
Fax: (314) 612-5105

- Local Resources
- State Resources
- National Resources

Resources

- **AAFA/Asthma and Allergy Foundation of America**
www.aafa.org
Suite 502
1125 15th Street, NW
Washington, DC 20005
202-466-7643 or 1-800-7ASTHMA

The Asthma and Allergy Foundation of America (AAFA) is a private, nonprofit organization dedicated to finding a cure for and educating the public about asthma and allergies. With over 150 support groups and chapters across the country, AAFA offers community workshops, a clearinghouse of practical information, and separate newsletters for patients, support group leaders, and teens with asthma.

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- **AAFA/Asthma and Allergy Foundation of America- St. Louis Chapter**
[http://www.aafastl.org/](http://www.aafastl.org)
1500 South Big Bend
Suite 1S
St. Louis, Missouri 63117
314-645-2422 (p)
314-645-2022 (f)
aafa@aafastl.org (email)

The Asthma and Allergy Foundation of America, St. Louis Chapter, serves those affected by asthma and allergies through education, support and medical resources. Project Concern, AAFA's premier medical assistance program, provides schools and uninsured and underinsured children with life-saving asthma and allergy medications, equipment (asthma durables and allergic bed encasings), education and support. Educational programs for students, parents, school nurses and daycare workers on asthma, allergies and food allergies. Additionally, AAFA has two funds set aside to help pay for special needs and circumstances that arise from the effects of asthma and allergies. The organization has paid for funerals, beds and college scholarships for asthmatic or allergic children.

- Local Resources
- State Resources
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- **Allergy and Asthma Network/Mothers of Asthmatics, Inc.**

www.aanma.org

Suite 150
2751 Prosperity Avenue
Fairfax, VA 22031
1-800-878-4403

The Allergy and Asthma Network/Mothers of Asthmatics, Inc. is a nonprofit organization dedicated to assisting allergy and asthma patients and their families. AAN/MA provides reliable and practical information, support, and resources to individuals with allergies and asthma that will make it easier to manage their conditions. Membership is \$25 a year and includes a monthly newsletter and discounts on allergy/asthma products and resources.

- **American Academy of Allergy, Asthma and Immunology**

<http://www.aaaai.org/>

555 East Wells Street
Suite 1100
Milwaukee, WI 53202-3823
414-272-6071

The purpose of the AAAAI's CME program is to provide, and ensure the quality of, educational activities that will develop, maintain, update, enhance, or make more clinically effective the study and practice of allergy, asthma, and immunology.

- **American College of Allergy, Asthma and Immunology**

<http://www.acaai.org/>

mail@acaai.org
85 West Algonquin Road, Suite 550
Arlington Heights, IL 60005
847-427-1200 (p)
847-427-1294 (f)

The American College of Allergy, Asthma & Immunology is a professional association of 5,500 allergists/immunologists and allied health professionals. Established in 1942, the College is dedicated to improving the quality of patient care in allergy and immunology through research, advocacy and professional and public education.

- Local Resources
- State Resources
- National Resources

- **American Lung Association (ALA)**

<http://www.lungusa.org/>

<http://www.healthhouse.org/>

1301 Pennsylvania Ave. NW, Suite 800

Washington, DC 20004

202-785-3355 (p)

202-452-1805 (f)

info@lungusa.org

The ALA provides "Open Airways for Schools," a comprehensive elementary school-based asthma program for children with asthma. One program can serve an entire school and can be used repeatedly. (To order the program, contact the local ALA office or call 1-800-292-5542). Also available are educational materials, support groups, speakers, and community-based programs for children with asthma, their families, school personnel and health care professionals. The ALA has a program named Health House that provides information for keeping homes as healthy, durable and energy efficient as possible and maintaining a healthy indoor environment.

- **Asthma Explorers Education Program**

www.asthmaclub.com/about_us.htm

asthmaclub@aol.com

The Asthma Explorers Club publishes new educational material every month for children with asthma. These include fun adventures, activities, and games that parents and children can play together.

- **American Lung Association of Missouri**

<http://www.lungusa2.org/missouri/>

1118 Hampton Avenue

St. Louis, MO 63139

314-645-5505 (p)

314-645-7128 (f)

The American Lung Association of Missouri operates through legislation, education, community service and research to serve over 3,000,000 people statewide. The main issues that are focused on are indoor and outdoor air quality, asthma management, tobacco use and prevention and other lung disease affecting adults and children. These areas are attended to through education, advocacy and research.

- [Local Resources](#)
- [State Resources](#)
- [National Resources](#)

- **[Asthma Here](#)**

Missouri Asthma Prevention and Control
Department of Health and Senior Services
<http://health.mo.gov/living/healthcondiseases/chronic/asthma/index.php>
<http://www.astmahere.org/>
920 Wildwood Drive, PO Box 570
Jefferson City, MO 65102-0570
info@health.mo.gov
573-522-2876

Eric S. Ambrecht, PhD, Principal
Open Health LLC
1113 Mississippi Avenue, Suite 107
St. Louis, MO 63104
eric@openhealth.us
314-446-6485

John Kraemer, Professor
Southeast Missouri State University
One University Plaza
Cape Girardeau, MO 63701
Jkraemer@semo.edu
573-651-2355 (p)
573-651-2382 (f)

Asthma Here serves community leaders dedicated to improving the lives of people with asthma. Through partnership, Asthma Here seeks to develop and support projects carried out by community leaders, such as nurses, teachers, physicians, parents, principals, hospital administrators, and public health officials. Support and funding is provided by a grant from the Centers for Disease Control and Prevention through the Missouri Department of Health and Senior Services and the many members of the Missouri Asthma Coalition. Dr. Kraemer has an asthma project to supplement health care provider knowledge, increase patient/patient family awareness of the relationship between asthma and indoor air quality, conduct in-home assessments for environmental triggers and relate the importance of asthma action plans.

- Local Resources
- State Resources
- National Resources

- **Betty Jean Kerr People's Health Center**

<http://www.phcenters.org>

St. Louis (Main Office)
5701 Delmar Blvd
St. Louis, MO 63112
314-367-3848

People's Health Center is a Federally Qualified Health Center. People's Health Center, through its mission, provides comprehensive primary health care, such as pediatrics, internal medicine, OB/GYN, dental, mammography, behavioral health, pharmacy, radiology, podiatry and laboratory services, to meet the health needs of the entire community.

- **Cardinal Glennon-Children's Hospital**

<http://www.cardinalglennon.com/Pages/default.aspx>

1465 S. Grand Blvd.
St. Louis, MO 63104-1095
314-577-5600 (p)

The mission of the Child Life Department at SSM Cardinal Glennon Children's Medical Center is to advocate for the psychosocial, developmental, emotional and educational needs of all their patients and families.

- **Casa de Salud**

<http://casadesaludstl.org/>

3200 Chouteau Ave
St. Louis, MO 63101
314-762-1251

Casa de Salud provides primary health care and social services. Their main focus is on new Hispanic immigrants who have difficulty finding other sources of care. However, Casa de Salud's commitment is to the whole community and we welcome all who need our services.

- Local Resources
- State Resources
- National Resources

- **Centers for Disease Control and Prevention (CDC)**

<http://www.cdc.gov/asthma/>

1600 Clifton Rd.

Atlanta, Georgia 30333

1-800-232-4636 (1-800-CDC-INFO)

cdcinfo@cdc.gov

The Centers for Disease Control and Prevention seeks to create the expertise, information and tools people and communities need to protect their health. The CDC does this through health promotion, prevention of disease, injury and disability and preparedness for new health threats. CDC partners with associates throughout the nation and the world to monitor health, detect and investigate health problems, conduct research to enhance prevention, develop and advocate sound public health policies, implement prevention strategies, promote healthy behaviors, foster safe and healthful environments and provide leadership and training.

- **City of St. Louis Department of Health**

<http://stlouis-mo.gov/government/departments/health/index.cfm>

<http://asthmafriendlystlouis.org/>

The City of St. Louis Department of Health

1520 Market Street, 4th Floor

St. Louis, Missouri 63103

314-657-1524 (p)

City Health Department promotes the active protection of our nation's health and safety, credible information to enhance health decisions, and partnerships with local communities and organizations to promote good health. The City Health Department has an Asthma Friendly St. Louis program in place that aims to educate and treat those with asthma by providing an Asthma Home Assessment Workbook (AHAW) that helps identify asthma triggers, asthma education, cleaning kits, HEPA vacuum loan referrals, air filters, home asthma trigger reduction assistance, referral for asthma equipment and bedding encasements.

- **Community Health In-Partnership (CHIPS)**

<http://www.chipsstl.org>

2431 North Grand Blvd

St. Louis, MO 63106

314-652-9231

Community Health-in-Partnership Services (CHIPS) is a not-for-profit organization that provides health care and social services for the uninsured and underserved. At CHIPS, clients are defined not by their illness, but by their ability to attain wellness.

- **Local Resources**
- **State Resources**
- **National Resources**

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- **Environmental Protection Agency (EPA)**
www.epa.gov/asthma
U.S. EPA/Office of Radiation and Indoor Air
Indoor Environments Division
1200 Pennsylvania Avenue, NW
Mail Code 6609J
Washington, DC 20460
202-343-9370 (in Washington, DC)
Fax: (202) 343-2394 or (202) 343-2392

EPA provides free materials to help you learn more about controlling indoor asthma triggers.

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- **Family Care Health Centers**
<http://familycarehealthcenter.org/>
Carondelet
401 Holly Hills Avenue
St. Louis, MO 63111
314-353-5190
Forest Park Southeast
4352 Manchester Avenue
St. Louis, MO 63110
314-531-5444

Family Care Health Centers provides comprehensive medical care regardless of one's health insurance status. Family Care accepts private, Medicaid and Medicare insurance plans. To bridge communication gaps with non-English speaking patients, staff provides interpretation services for Hispanic, Bosnian, Vietnamese, and Somali patients and uses outside resources for patients speaking other languages.

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- **The Food Allergy and Anaphylaxis Network (FAAN)**
<http://www.foodallergy.org/>
11781 Lee Jackson Hwy., Suite 160
Fairfax, VA 22033-3309
(800) 929-4040 (p)
(703) 691-2713 (f)

The Food Allergy & Anaphylaxis Network (FAAN) was established in 1991. FAAN's membership now stands at close to 30,000 worldwide and includes families, dietitians, nurses, physicians, school staff, and representatives from government agencies and the food and pharmaceutical industries. FAAN serves as the communication link between the patient and others.

- **Local Resources**
- **State Resources**
- **National Resources**

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- **Healthy Housing Solutions, Inc**
<http://www.healthyhousingsolutions.com/Home.aspx>
10320 Little Patuxent Parkway, Suite 500
Columbia, MD 21044
443-539-4182 (p)
443-539-4181 (f)
janderson@healthyhousingsolutions.com

Healthy Housing Solutions, Inc is a wholly owned subsidiary of the National Center for Healthy Housing (NCHH) that was established to assist governmental and non-governmental clients in developing, managing and evaluating projects that support the creation of healthier homes for all Americans.

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- **Healthy Kids: The Key To Basics**
Ellie Goldberg, M.Ed., Educational Rights Specialist
79 Elmore Street
Newton, MA 02459
(617) 965-9637

Written materials on the rights of students with asthma and other chronic conditions.

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- **Institute for Family Medicine**
<http://www.ifm-stl.org/>
4590 South Lindbergh Boulevard
St. Louis, MO 63127
314-849-7669 (p)
314-849-7670 (f)

The Institute for Family Medicine is an independent, non-profit organization of physicians and health care professionals dedicated to traditional family medicine, comprehensive community-based services and public health, and innovative community partnerships to provide health care and promote wellness for the under-served

- [Local Resources](#)
- [State Resources](#)
- National Resources

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- **Kids on the Block**
www.kotb.com
9385-C Gerwig Lane
Columbia, MD 21046
1-800-368-KIDS
410-290-9095

Kids on the Block provides books, puppets, and videos, which deal with childhood issues such as asthma, cerebral palsy, child abuse, and deafness. There are puppet troupes in locations throughout the country available for performances.

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- **Legal Services of Eastern Missouri**
<http://www.lsem.org>
St. Louis (Main Office)
4232 Forest Park Ave.
St. Louis, MO 63108
314-534-4200

Legal Services of Eastern Missouri (LSEM) is a non-profit organization who provides free legal assistance to eligible people facing housing problems. The Housing Unit's mission is to preserve habitable and affordable housing and to remove barriers to obtaining housing. LSEM began a medical-legal partnership, Children's Health Advocacy Project (CHAP), which provides legal services for the elderly and low-income individuals in health care settings to improve patient health and well-being.

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- **Missouri Foundation for Health**
<http://www.mffh.org/>
1000 St. Louis Union Station
Suite 400
St. Louis, MO 63103
314-345-5500 (p)
314-345-5599 (f)
Toll free 1-800-655-5560

MFH identifies and fill the gaps in the myriad public and private health care services already available to the uninsured and underinsured in its region. It addresses unmet health care needs in the underserved populations of the region. MFH funds health care program opportunities in the region.

- Local Resources
- State Resources
- National Resources

- **Myrtle Hilliard Davis Health Centers**

<http://www.mhdchc.org>

314-995-2122 (after hours for all 3 locations)

Comp 1

5471 Dr Martin Luther King Dr

St Louis, MO 63112

314-367-5820

Homer G. Phillips

2425 N. Whittier

St. Louis, MO 63113

314-371-3100

Florence Hill

5541 Riverview Blvd

St. Louis, MO 63120

314-389-4566

Myrtle Hilliard Davis is a Federally Qualified Health Center. Myrtle Hilliard Davis is committed to providing comprehensive high quality, affordable, and personalized health care to the medically underserved population that is uninsured and under insured.

- **National Asthma Education and Prevention Program**

www.nhlbi.nih.gov/about/naepp

P.O Box 30105

Bethesda, Maryland 20024-0105

301-592-8573 (p)

301-592-8563 (f)

NAEPP offers information for patients and their families, school personnel and health care professionals. Extensive reading and resources lists are available. Written materials and programs for people with asthma, their families, teachers, and other school personnel.

- Local Resources
- State Resources
- National Resources

- **National Heart, Lung, and Blood Institute Information Center**

www.nhlbi.nih.gov

<http://www.nhlbi.nih.gov/guidelines/asthma/asthgdln.pdf>

P.O. Box 30105

Bethesda, MD 20814-0105

301-592-8573 (p)

240-629-3246 (f)

The National Heart, Lung, and Blood Institute (NHLBI) provides global leadership for a research, training, and education program to promote the prevention and treatment of heart, lung, and blood diseases and enhance the health of all individuals so that they can live longer and more fulfilling lives. Physicians can take an educational seminar to Physician Asthma Care Education (PACE) that improves physician awareness, ability and use of communication and therapeutic techniques for reducing the effects of asthma on children and their families. PACE also provides instruction on how to document, code, and improve asthma counseling reimbursement.

- **National Institute of Allergy & Infectious Diseases (NIAD)**

National Institutes of Health/Office of Communications and Government Relations

<http://www.niaid.nih.gov>

6610 Rockledge Drive, MSC 6612

Bethesda, MD 20892-6612

301-496-5717

866-284-4107

The National Institute of Allergy & Infectious Diseases is leading research to understand, treat, and prevent infectious, immunologic, and allergic diseases. For more than 60 years, NIAID research has led to new therapies, vaccines, diagnostic tests, and other technologies that have improved the health of millions of people in the United States and around the world.

- **National Jewish Medical and Research Center**

<http://www.nationaljewish.org/>

Research Center

1400 Jackson Street

Denver, CO 80206

303-388-4461

800-222-LUNG (LUNG LINE for patients or future patients)

303-270-2162

The NJC is a leader in lung, allergic, and immune disease. It offers patient education materials and provides an information service called “LUNG LINE” staffed by registered nurses specializing in respiratory and immune system disorders.

- [Local Resources](#)
- [State Resources](#)
- National Resources

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- **Smiley Urgent Care Center**
<http://stlconnectcare.org/departments/smiley-urgent-care/>
Saint Louis Connect Care Center
5535 Delmar Blvd
St. Louis, MO 63112
314-879-6300

Saint Louis Connect Care is the largest community health center in the City of St. Louis and offers a full-service, walk-in medical facility for prompt, Connect Care same-day treatment of minor non life-threatening health care needs at the Connect Care facility.

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- **St. Louis Children's Hospital**
<http://www.stlouischildrens.org/content/>
<http://www.stlouischildrens.org/content/HealthyKidsExpress.htm>
One Children's Place
St. Louis, MO 63110 USA
314-454-6000 (p)
314-454-KIDS, Answer Line and Physician Referral
314-286-0927 (Healthy Kids Express)

The hospital provides a full range of pediatric services to the St. Louis metropolitan area and a primary service region covering six states. As the pediatric teaching hospital for Washington University School of Medicine, St. Louis Children's Hospital offers nationally recognized programs for physician training and research. Additionally, the hospital has a Healthy Kids Express program where a team of experts come in a bus to underserved area schools and provide free services such as dental care and treatment, preventative screenings and asthma education and care. The Healthy Kids Express asthma program provides individual asthma care while working in conjunction with the child's primary doctor, asthma education for students, staff and parents, asthma supplies, family friendly asthma events for educational purposes and flu shots to enrolled students with asthma.

- Local Resources
- State Resources
- National Resources

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- **Saint Louis County Health Department**
<http://www.co.st-louis.mo.us/>
North Central Community Health Center
4000 Jennings Station Rd
St. Louis, MO 63121
314-679-7800

South County Health Center (Sunset Hills)
4580 South Lindbergh Boulevard
Sunset Hills, MO 63127
314-615-0400

The Department of Health offers comprehensive health care, including prevention and primary care, at health centers across the County. These services are available to county residents. Saint Louis County's Department of Health is also working with the Family Mental Health Collaborative (FMHC) to offer mental health services for residents living in Saint Louis County. If you are a past client of the Department of Health's Family Mental Health Service or a resident of Saint Louis County who is seeking more information on mental health services, please call **314-993-1000**.

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- **St. Louis Regional Asthma Consortium**
<http://www.asthma-stlouis.org/>
Salus Center
3545 Lafayette, Suite 300
St. Louis, MO 63104
314-977-8253 (p)
314-977-1674 (f)
lreinhart@asthma-stlouis.org (email)

St. Louis Regional Asthma Consortium is a collaboration of diverse agencies and individuals dedicated to reducing asthma morbidity and improving the quality of life for people with asthma in the St. Louis area.

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- **United Way 2-1-1**
<http://www.211.org/>
United Way of Greater St. Louis, Inc.
910 North 11th Street
St. Louis, MO 63101
314-421-0700
<http://www.stl.unitedway.org/>

2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community.

- Local Resources
- State Resources
- National Resources

Websites

- **Asthma and Schools:** www.asthmaandschools.org
Information about asthma-related resources for school personnel working with grades K-12.
- **No Attacks National Campaign:** www.noattacks.org
Public Service campaign through the EPA and Ad Council that educates parents about asthma.
- **PBS Teacher Lesson Plans:** <https://pbskids.org/arthur/parentsteachers/lesson/health>
Lesson plans and activities for teachers, after school providers, and school nurses.
- **What's Asthma:** www.whatsasthma.org
Overview of asthma and available treatments.

Online Videos

- www.caasthma.org Provides videos introducing asthma care, proper use of asthma medications, and asthma care training for child care providers.
- www.healthology.com Library of health topics, including asthma and allergies.
- <http://www.youtube.com/watch?v=raYlnhksw5I> “Children Exposed to Secondhand Smoke” by the U.S. Environmental Protection Agency and the American Medical Association.
- <http://www.youtube.com/user/ChildrensHospitalStl#p/c/E07F03F54BB39646> St. Louis Children’s Hospital Youtube channel with an asthma video playlist. Titles of videos include: “Living with Asthma- Introduction – Chapter 1,” “Living with Asthma- When and Where Asthma Strikes- Chapter 2,” “Living with Asthma- Medicine Can Help Control Asthma- Chapter 3,” “Living with Asthma- Have an Asthma Action Plan- Chapter 4,” “Living with Asthma- Conclusion- Chapter 5,” “How to Use an AeroChamber for Asthma Relief- Demonstration,” “How to Use a Diskus for Asthma Relief- Demonstration,” “How to Use a Metered Dose Inhaler-Demonstration,” “How to Use the Nebulizer Machine- Demonstration,” “How to Use a Peak Flow Meter- Demonstration,” “How to use the Pulmicort Flexhaler- Demonstration” and “Asthma Related Triggers and How to Avoid Them-Demonstration” by the St. Louis Children’s Hospital.”

Services

Doctor referral systems:

- American Academy of Allergy, Asthma, & Immunology

- Local Resources
- State Resources
- National Resources

<http://aaaai.execinc.com/find-an-allergist/>

- American College of Asthma Allergy and Immunology
1-800-842-7777
http://www.aaaai.org/allergist/Pages/locate_an_allergist.aspx
- Americans With Disabilities Act Hotline
1-800-514-0301
- Medic Alert
1-800-432-5378
- St. Louis Integrated Health Network
314-657-1483
<http://stlouisihn.org/>

Scholarships:

- **Award of Excellence Asthma Scholarships**
American Academy of Allergy, Asthma, & Immunology Associates to the AAAAI
www.aaaai.org
555 E. Wells St., Suite 1100
Milwaukee, WI 53202
414-272-6071

Also contact the Asthma and Allergy Foundation of America (AAFA) at 1-800-727-8462 for scholarships sponsored by AAFA chapters and other organizations.

Training and Employment Services:

St. Louis Agency on Training and Employment (SLATE)
www.stlworks.com
1520 Market Street Room 3050
St. Louis, MO 63103
314-589-8000

The St. Louis Agency on Training and Employment (SLATE) is a City of St. Louis government agency that offers no-cost services for employment, job training and career advancement to job seekers and businesses. SLATE can help businesses grow through recruiting, pre-screening candidates, employee retention, on-site office space for meetings and interviewing, training funds, wage information, financial incentives and posting job orders on MissouriCareerSource.com. SLATE also provides job-seekers with career advice, job search counseling, skills training and job placement.

- [Local Resources](#)
- [State Resources](#)
- National Resources

Pollen and/or Mold Count Websites:

- National Allergy Bureau- Pollen/mold spore counts
<http://www.aaaai.org/global/nab-pollen-counts.aspx>
- Pollen Count Only
www.pollen.com
- St. Louis County Pollen and Mold Center
<http://ww5.stlouisco.com/doh/pollen/>

Financial Resources

The following programs may be helpful to individuals who have difficulties paying for asthma or allergy treatment or medications:

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- **Benefits Checkup**
www.benefitscheckup.org

A service of the National Council on the Aging, this is a website to find programs for people 55 and older that may help pay for some of the costs of their prescription drugs.

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- **Chronic Disease Fund**
www.cdfund.org
1-877-968-7233

Will give prescription assistance for certain diseases if the person has no prescription insurance or needs help with co-payments.

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- **National Conference of State Legislatures**
www.ncsl.org/programs/health/drugaid.htm

This website offers information on state pharmaceutical assistance, primarily for low-income elderly and people with disabilities who do not qualify for Medicaid.

- Local Resources
- State Resources
- National Resources

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- **NeedyMeds.com**
www.needymeds.com

Provides information to find programs for prescription assistance.

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- **Partnership for Prescription Assistance**
www.pparx.org
1-888-477-2669

Offers a single point of access – through a toll-free phone number and web site – to more than 475 public and private patient assistance programs, including more than 180 programs offered by pharmaceutical companies. Anyone who does not have prescription coverage and trouble affording their medicines may call or visit the website to see if they qualify for one or more programs.

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- **Patient Assistance NOW**
www.PatientAssistanceNow.com
1-800-245-5356

Provides specific information about available programs and services. The website features a program finder for programs that help eligible patients pay for their medicines. The Program Finder asks a few short, simple questions to help determine which programs best fit a patient's individual needs.

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- **Patient Assistant Program Center**
www.rxassist.org

Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need all in one place.

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- **Patient Services Incorporated (PSI)**
unedspsi@unedspsi.org
1-800-366-7731

Provides assistance to eligible patients who have moderate to severe allergic asthma and cannot afford to pay a health insurance co-payment for their asthma medications.

- [Local Resources](#)
- [State Resources](#)
- National Resources

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- **Pfizer**
www.pfizer.com
1-866-706-2400

Provides patient assistance programs for those without prescription drug coverage to obtain the medicines they require.

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- **Relion Ventolin HFA Inhaler**

At Wal-Mart for \$9.00 for 60 puffs. Check with your doctor to see if this medicine is appropriate for you or your family.

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- **RX Outreach**
www.rxoutreach.com
1-800-769-3880

Patient Assistance Program that provides affordable medicines.

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- **Xolair Access Solutions**
www.xolairaccesssolutions.com
1-800-704-6610

Information about Xolair and access to insurance coverage and reimbursement and financial help to pay for Xolair.

Insurance Providers

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- **Caring Foundation for Children**
1-888-641-5224

Blue Cross/Blue Shield program provides free health insurance to children who are not covered by other private insurance plans, and do not qualify for public insurance. Spaces are generally limited. There is usually no pre-existing condition clause. Eligibility and services are determined by the individual Blue Cross/Blue Shield agency.

- Local Resources
- State Resources
- National Resources

- **Harmony Health Plan**

13 Wolf Creek #4
Swansea, IL 62226
1-800-608-8158
<http://harmonyhpi.com/>

Harmony Health Plan is a leading provider dedicated to government-sponsored health plans such as Medicare, Medicaid (MO HealthNet), State Children's Health Insurance Programs and others.

- **HealthCare USA of Missouri**

<http://chcmedicaid-missouri.coventryhealthcare.com/>
10 South Broadway, Suite 1200
St. Louis, MO 63102
1-800-566-6444
Asthma Case Manager- Brenda Johnson: 816-460-4303

HealthCare USA's mission is to improve MO HealthNet Recipients' access to quality health care by providing a comprehensive network of providers and community organizations in order to achieve improved health outcomes.

- **Missouri Department Of Social Services HealthNet Division**

<http://www.dss.mo.gov/mhd/>
573-751-3425 (p)
573-751-6564 (f)

MO Healthnet Division purchases and monitors health care services for low income and vulnerable citizens in the state of Missouri to maximize their quality of life and independence. The agency assures quality health care through development of service delivery systems, setting and enforcing standards and the education of both providers and participants.

- **Molina Healthcare of Missouri**

<http://www.molinahealthcare.com/Pages/index.aspx>
12400 Olive Blvd, Ste 100,
St. Louis, MO 63141
Member Service #: 1-800-875-0679
Provider Service #: 1-800-875-0679

A health care service provider to Medicaid patients in the State of Missouri (MO Net). Since 1980 Molina Healthcare has been a leader in providing quality health care to those who depend on government assistance.

- Local Resources
- State Resources
- National Resources

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- **U.S. Department of Health and Human Services, Insure Kids Now**
www.insurekidsnow.gov
1-877-543-7669

Connects uninsured children and families to free and low-cost health insurance. Provides links to State's Children's Health Insurance Program (CHIP) and Medicaid Programs for infants, children, and teens. Automatically connects callers to the State's Chip and Medicaid programs.

Healthy Homes Partners

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- **Better Family Life Inc.**
<http://www.betterfamilylife.org/>
5535 Delmar Blvd.
St. Louis, MO 63112
314-367-3440 (p)
314-367-1414 (f)

Better Family Life, Inc. (BFL) is a corporation dedicated to the prosperity and growth of the American family. BFL's mission is to plan and establish social, artistic, cultural, youth, economic housing and educational programs that help encourage positive and innovative changes within the metropolitan St. Louis area. Most of the programming is geared towards unemployed, underemployed, disadvantaged and skill-deficient individuals.

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- **Catholic Charities Midtown Center**
www.midtowncc.org
1202 South Boyle Street
St. Louis, MO 63110
314-534-1180

Catholic Charities Midtown Center aims to assist individuals, families and groups in their struggle to survive economic, social, health and emotional crises as well as support growth towards self sufficiency. The center provides multiple services such as delivering fans, beds and heaters, distributing money to prevent homelessness, completing home visits and holding a Community Health Workshop.

- [Local Resources](#)
- [State Resources](#)
- [National Resources](#)

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- **Catholic Charities Housing Resource Center**
<http://www.ccstl.org/services/housing-assistance>
800 N Tucker Blvd.
St. Louis, MO 63101
314-241-5600
314-802-5444 (hotline)

Catholic Charities Housing Resource Center (CCHRC) helps prevent homelessness by helping people achieve stability in a safe, affordable and permanent house. Those already homeless can use the CCHRC as a gateway to emergency shelters and services. The hotline receives nearly 30,000 calls a year and will direct the caller to a St. Louis City or County shelter or provide other necessary resources.

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- **Healthy Home Repair Program**
<http://stlouis-mo.gov/government/departments/community-development/home-repair.cfm>
Housing Department, Community Development Administration
1015 Locust Street
St. Louis, MO 63101
314-259-3431

The City wants you to have a safe place to live and enjoy peace of mind about your home. The Community Development Administration (CDA) currently administers the Healthy Home Repair Program for a number of wards in the City and also contracts with several neighborhood organizations which administer home repair programs for other wards.

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- **Hope is Moving In**
<http://stlouis-mo.gov/government/departments/human-services/homeless-services/Hope-Is-Moving-In-Initiative.cfm>
Housing Resource Center
800 N. Tucker Blvd.
St. Louis, MO 63101
1-877-70-HOPE-4U

Hope is Moving In embodies a new service delivery model that requires close collaboration between participating agencies and is designed to provide easy access for those in need of help. Hope is Moving In combines the efforts of preventing homelessness, rapidly re-housing persons that become homeless, reducing barriers to securing housing, linking persons with needed resources and providing permanent supportive housing. There are four established hubs located throughout the city where people can receive assistance. Three of the hubs are located within St. Louis Public Schools that are considered Community Education Full Service Schools (CEFSS) and the other is located downtown at the Housing Resource Center.

- Local Resources
- State Resources
- National Resources

- **National Center for Healthy Housing (NCHH)**

<http://www.nchh.org/>

10320 Little Patuxent Parkway

Suite 500

Comulbia, MD 21044

410-992-0712 (p)

443-539-4150 (f)

National Center for Healthy Housing (NCHH) receives funding from organizations such as the U.S. Environmental Protection Agency (EPA), U.S. Department of Housing and Urban Development (HUD) and the U.S. Centers for Disease Control and Prevention (CDC) in order to conduct research to find statistically valid and practical strategies to make homes safe and healthy. Through education and training programs the NCHH is able to alert families and those who serve them to hazards in the home environment. NCHH's policy work translates its scientific and technical work into government and non-governmental standards, programs and policies.

- **St. Louis Home Repair Network**

<http://www.stlhomerepairnetwork.org/>

The St. Louis Home Repair Network is a resource for local nonprofit agencies involved in providing home repairs, weatherization, accessibility modifications, and other neighborhood revitalization services for low-income families in the greater St. Louis metropolitan area. It is a tool to better facilitate the development of agency resources, client access to services, ongoing communication and interagency collaboration. Meetings are convened regularly throughout the year by the University of Missouri-St. Louis' Nonprofit Management & Leadership Program.

- **St. Louis Lead Prevention Coalition - Healthy Homes, Healthy Families**

www.leadprevention.org

St. Louis Lead Prevention Coalition,

1924 S. 12th St., 1st floor

St. Louis, MO 63104

314-664-9922

FREE workshops on creating healthy homes for families. Learn:

- The principles of a healthy home
- Lead-safe remodeling practices
- To keep your home pest free & dry
- To identify unsafe conditions
- To minimize mold and allergy conditions
- Energy saving tips

A FREE Healthy Homes kit is given to each St. Louis city household in attendance. These kits may include (depending on availability in stock) a LeadCheck testing kit, carbon monoxide alarm, 8 CFL light bulbs, 5 gal storage bucket, roach motels, caulk gun & caulk, outlet covers, rags, safety goggles, gloves, cleaner, buckets, drop cloths, duct tape, scraper, spray bottle, & healthy homes information. Free presentations for community, school or church groups.

- **Local Resources**
- **State Resources**
- **National Resources**

- **The Urban League of Metropolitan St. Louis, Inc.**

www.ulstl.org

3701 Grandel Square

St. Louis, MO 63108

314-615-3600

The Weatherization Assistance program provides a range of residential improvement services to reduce energy costs, increase safety and provide an increased quality of life for qualified residents of St. Louis City.